



**PARENTS
FOR PEACE**

2026 TRAINING CATALOG

ABOUT PARENTS FOR PEACE

Parents for Peace is a national nonprofit founded by families, survivors, and experts to **prevent extremism across all ideologies**. We help people leave hate behind and equip families and communities to prevent violence. Guided by a public health approach, we replace fear with compassion, prevention, healing, and hope.

OUR TRAININGS

Parents for Peace offers specialized training designed to equip professionals and communities with tools to recognize, prevent, and respond to the warning signs of radicalization, hate, and violence. Each program draws on real-world expertise, lived experience, evidence-based research and trauma-informed approaches.

We offer a wide range of training tracks, designed for K-12 schools, universities, and law enforcement, as well as health care, mental health, and community organizations, each tailored to the unique challenges and opportunities within these fields.



To bring a Parents for Peace training to your community or organization, contact our Director of Training and Trauma Services, Dr. Miri Bar-Halpern at miri@parents4peace.org to request more information.

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From Hate to Hope: A Lived Experience of Leaving Extremism and Finding Growth

AUDIENCE

Educators, community members, mental health professionals, law enforcement, multidisciplinary teams

DURATION

60 minutes

FORMAT

Lived-experience presentation with moderated Q&A

SUMMARY

This training offers a unique opportunity to hear directly from a Parents for Peace Exit Peer Specialist who will share their personal journey out of violent extremist ideology and hate toward a life grounded in resilience and hope. Through firsthand storytelling, participants will gain insight into the psychological, social, and emotional factors that contribute to radicalization and disengagement. The session includes an opportunity for audience questions, allowing participants to engage directly and deepen their understanding of what post-traumatic growth and transformation can look like in real life.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Describe common pathways into and out of violent extremist ideologies
- Identify psychological and social factors that contribute to both radicalization and disengagement
- Recognize the role of lived experience in fostering empathy, understanding, and prevention
- Explain how post-traumatic growth can emerge following involvement in extremist movements
- Reflect on how personal narratives can challenge assumptions and reduce stigma

Recognizing Warning Signs: What to Look For and What to Do

AUDIENCE

Parents, caregivers, and community members

DURATION

60 minutes

FORMAT

Interactive workshop (real-life examples, guided discussion, practical steps)

SUMMARY

This training helps parents and community members recognize potential warning signs that a young person may be struggling with harmful influences or moving toward extremist beliefs. Participants will learn how to distinguish between typical behavior and signs that may require closer attention. The session provides clear, practical guidance on what steps to take, how to seek help, and how to navigate available systems and resources. Emphasis is placed on responding early, staying connected, and taking action in a thoughtful and supportive way.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify potential warning signs and changes in behavior, thinking, or social connections
- Distinguish between typical development and concerning patterns
- Understand when a situation may require outside support
- Describe steps to seek help and navigate available resources
- Respond in a way that maintains connection while addressing concerns

Understanding Ideologies: How Beliefs Take Shape and Why They Matter

AUDIENCE

General community (parents, educators, community members)

DURATION

60 minutes

FORMAT

Educational workshop with discussion and examples

SUMMARY

This training provides an accessible introduction to how ideologies form, spread, and influence thinking and behavior. Participants will learn how beliefs can become more rigid over time and how factors such as identity, belonging, and exposure to information shape perspectives. The session helps demystify how individuals can become drawn to harmful ideologies and offers tools for recognizing early shifts in thinking. Emphasis is placed on promoting critical thinking, open dialogue, and resilience in the face of polarizing or misleading information.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Understand how beliefs and ideologies develop and evolve
- Recognize signs of increasingly rigid or black-and-white thinking
- Identify factors that make individuals more vulnerable to harmful influences
- Support critical thinking and open, respectful dialogue
- Respond constructively to differences in beliefs within families and communities

Recognizing and Responding to Early Signs of Radicalization

AUDIENCE

School educators, administrators, and supportive staff

DURATION

60-90 minutes

FORMAT

Interactive workshop (case examples, discussion, practical tools)

SUMMARY

This training provides participants with an overview of early warning signs of radicalization and the psychological processes that make individuals vulnerable to harmful ideological influence. Drawing on evidence-based approaches, including trauma informed frameworks, participants will learn how to recognize shifts in thinking, behavior, and identity. The session also introduces practical strategies for responding in a supportive, non-escalatory way and strengthening protective factors within individuals and communities.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify early behavioral and emotional warning signs
- Recognize risk and protective factors
- Apply communication strategies that reduce defensiveness
- Support individuals using evidence-informed approaches

Understanding Online Radicalization and Promoting Safe Digital Engagement in Youth

AUDIENCE

School educators, administrators, and supportive staff, mental Health providers, health care providers, community members

DURATION

60-90 minutes

FORMAT

Interactive workshop (case examples, discussion, practical tools, brief skill-building exercises)

SUMMARY

This training equips school professionals with the knowledge and tools to understand how online environments can contribute to youth vulnerability to radicalization. Participants will explore how algorithms, social media dynamics, and developmental factors intersect to shape identity, belonging, and exposure to harmful content. Grounded in evidence-based frameworks, including emotional and behavioral principles, the session highlights common cognitive and emotional patterns that increase risk. Participants will also learn practical strategies to promote safe digital engagement, recognize early warning signs, and engage in supportive, developmentally appropriate conversations that strengthen critical thinking, resilience, and healthy online behaviors.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify key features of online environments (e.g., algorithms, echo chambers, gore exposure) that can contribute to vulnerability to radicalization in youth
- Recognize early behavioral, emotional, and other warning signs associated with harmful online engagement
- Understand how developmental factors (identity formation, belonging, peer influence) interact with online experiences
- Apply practical strategies to promote safe digital engagement and strengthen students' critical thinking skills
- Respond to concerns using supportive, non-confrontational approaches that reduce defensiveness and encourage connection

Having Effective Conversations with Students: Addressing Online Influences and Early Concerns

AUDIENCE

Educators, school counselors, administrators, school staff

DURATION

60-90 minutes

FORMAT

Interactive workshop (scripts, role-play, practical tools)

SUMMARY

This training equips school staff with practical strategies for engaging students in conversations when concerns about online influences or potential radicalization arise. Participants will learn how to ask developmentally appropriate, non-confrontational questions that encourage openness while maintaining trust. The session also addresses how to guide students toward safer technology use and when and how to involve families in a supportive and constructive way. Emphasis is placed on early intervention, relationship-building, and preventing escalation.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Use open-ended, nonjudgmental questions to explore students' online experiences
- Recognize cues that indicate deeper concern or disengagement
- Respond in ways that maintain trust and avoid escalation
- Support students in developing safer and more critical engagement with technology
- Determine when and how to involve families appropriately

Supporting Students and Families: Pathways to Disengagement and Reconnection

AUDIENCE

School counselors, psychologists, administrators, student support teams

DURATION

60-90 minutes

FORMAT

Case-based training + intervention strategies + collaboration planning

SUMMARY

This training provides school professionals with a framework for supporting students and families when a young person is already showing signs of deeper involvement in harmful or extremist beliefs. Participants will learn how to respond in ways that reduce defensiveness, maintain connection, and support gradual disengagement. The session emphasizes collaboration with families, strengthening protective factors, and creating supportive school environments that promote belonging, flexibility, and positive identity development.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Recognize when a student may be moving beyond early warning signs into deeper concern
- Apply strategies that support disengagement without increasing resistance
- Collaborate effectively with families in a supportive, non-blaming manner
- Strengthen protective factors such as connection, belonging, and emotional support
- Identify appropriate supports and referral pathways when needed

Understanding Pathways to Radicalization: When to Notice and When to Act

AUDIENCE

Educators, school staff, administrators

DURATION

60 minutes

FORMAT

Educational workshop + case examples + discussion

SUMMARY

This training provides school professionals with a clear and accessible framework for understanding how radicalization can develop over time. Participants will learn to recognize early indicators, understand how beliefs can become more rigid, and identify key moments when intervention is most effective. The session emphasizes distinguishing between typical developmental behavior and patterns that may require action, helping staff feel more confident in knowing when to monitor, when to engage, and when to seek additional support.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Understand the stages and pathways through which radicalization can develop
- Identify early, moderate, and higher levels of concern
- Distinguish between typical student behavior and warning signs
- Determine appropriate responses based on level of concern
- Apply a structured approach to deciding when to act

Behavioral Threat Assessment and Management in Schools: Identifying Risk and Building Effective Response Teams

AUDIENCE

School administrators, counselors, psychologists, SROs, and multidisciplinary student support teams

DURATION

90 minutes (can be adapted to 60-minute overview)

FORMAT

Didactic + case examples + team-based application

SUMMARY

This training provides school professionals with a practical framework for identifying, assessing, and managing potential threats of targeted violence. Participants will learn how pathways to violence develop over time, including key warning behaviors that may indicate escalation toward harm. The session introduces the principles of Behavioral Threat Assessment and Management (BTAM), emphasizing a proactive, team-based approach to early identification and intervention. Participants will also gain guidance on how to establish and operationalize a BTAM team within their school, including roles, processes, and best practices. The goal is to move from reactive responses to coordinated, prevention-focused strategies that enhance school safety and student support.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Understand common pathways to targeted violence and how risk develops over time
- Identify key warning behaviors (e.g., leakage, fixation, escalation) that may signal concern
- Distinguish between transient threats and substantive threats
- Describe the core components and principles of Behavioral Threat Assessment and Management (BTAM)
- Understand the structure, roles, and function of an effective school-based BTAM team
- Identify initial steps to establish or strengthen a BTAM process within their school

Think Smart: Making Sense of What You See Online

AUDIENCE

Grades 6–12 (can adapt for 4–5)

DURATION

45–60 minutes

FORMAT

Interactive workshop (videos, discussion, real-life scenarios)

SUMMARY

This session helps students better understand how online content can shape their thoughts, emotions, and beliefs. Students will explore how algorithms work, why certain content is shown to them, and how online spaces can sometimes reinforce extreme or misleading ideas. The training builds awareness without judgment and encourages students to become more thoughtful and intentional consumers of digital content.

LEARNING OBJECTIVES

By the end of this training, students will be able to:

- Understand how social media and algorithms influence what they see
- Recognize when content may be biased, misleading, or designed to provoke strong reactions
- Ask critical questions about online information
- Make more intentional choices about what they engage with

Belonging, Identity, and Influence: Understanding Yourself and Others

AUDIENCE

Grades 6–12

DURATION

45–60 minutes

FORMAT

Discussion-based + reflection activities

SUMMARY

This training focuses on how identity, belonging, and social connection shape the way we think and behave. Students will explore why people are drawn to groups and ideas, especially during times of stress, isolation, or uncertainty. The session helps normalize these experiences while encouraging students to reflect on healthy vs. unhealthy influences.

LEARNING OBJECTIVES

By the end of this training, students will be able to:

- Understand how the need for belonging influences choices and beliefs
- Recognize when groups or ideas may be encouraging exclusion or “us vs. them” thinking
- Reflect on their own values and influences
- Identify healthy ways to build connection and identity

Strong Minds: Thinking Flexibly in a World of Strong Opinions

AUDIENCE

Grades 7–12

DURATION

45–60 minutes

FORMAT

Interactive + scenarios + group discussion

SUMMARY

This session teaches students how to recognize rigid or “all-or-nothing” thinking and develop more flexible, balanced ways of understanding the world. Students will learn how strong emotions and repeated messages can shape beliefs over time, and how to step back, question assumptions, and consider multiple perspectives.

LEARNING OBJECTIVES

By the end of this training, students will be able to:

- Recognize black-and-white thinking patterns
- Understand how beliefs can become more rigid over time
- Practice considering multiple perspectives
- Use simple strategies to think more flexibly

Let's Talk: Navigating Difficult Conversations and Disagreements

AUDIENCE

Grades 6–12

DURATION

45–60 minutes

FORMAT

Role-play + discussion

SUMMARY

This training helps students develop the skills to engage in respectful conversations, even when they disagree. Students will learn how to express their views, listen to others, and manage strong emotions without escalating conflict. The session focuses on building communication skills that strengthen relationships and reduce polarization.

LEARNING OBJECTIVES

By the end of this training, students will be able to:

- Express opinions respectfully
- Listen and respond without escalating conflict
- Recognize when conversations are becoming unproductive
- Use strategies to de-escalate disagreements

Looking Out for Yourself and Others: Recognizing When to Get Help

AUDIENCE

Grades 6–12 (adaptable for younger)

DURATION

45–60 minutes

FORMAT

Scenario-based + guided discussion

SUMMARY

This session helps students recognize when something—online or offline—doesn't feel right and what to do about it. Students will learn how to identify concerning situations, support peers, and seek help from trusted adults. The training emphasizes that asking for help is a strength and plays an important role in keeping communities safe and supportive.

LEARNING OBJECTIVES

By the end of this training, students will be able to:

- Recognize warning signs that something may be wrong
- Identify trusted adults and support systems
- Understand when and how to seek help
- Support peers in a safe and responsible way

Recognizing Warning Signs of Radicalization: Clinical Assessment and When to Act

AUDIENCE

Mental health professionals (psychologists, social workers, counselors, psychiatrists)

DURATION

60–90 minutes

FORMAT

Didactic + case-based discussion + clinical application

SUMMARY

This training equips mental health providers with the knowledge and tools to recognize early warning signs of radicalization and assess risk within a clinical context. Drawing on psychological research and clinical frameworks, participants will learn to differentiate normative developmental exploration from concerning shifts in cognition, identity, and behavior. The session also addresses ethical considerations, including confidentiality, duty to warn, and when and how to report concerns. Emphasis is placed on maintaining therapeutic alliance while responding appropriately to risk.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify cognitive, emotional, and behavioral indicators associated with radicalization risk
- Differentiate between normative identity exploration and clinically concerning patterns
- Apply clinical assessment strategies to evaluate level of concern
- Understand ethical and legal considerations, including limits of confidentiality and reporting responsibilities
- Determine appropriate next steps, including consultation, documentation, and referral

Engaging in Effective Conversations: Clinical Strategies for Addressing Extremist Beliefs

AUDIENCE

Mental health professionals

DURATION

60–90 minutes

FORMAT

Interactive workshop (role-play, scripting, Trauma-informed, evidence-based tools)

SUMMARY

This training focuses on building clinicians' skills in engaging clients who express rigid, harmful, or extremist beliefs. Using trauma-informed, cognitive behavioral and motivational approaches. Participants will learn how to navigate high-stakes conversations without escalating defensiveness or rupturing the therapeutic relationship. The session introduces strategies for fostering psychological flexibility, and supporting critical thinking while maintaining a stance of curiosity and empathy. Participants will gain practical tools and language to respond effectively in challenging clinical moments.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Apply evidence-based strategies to address rigid or extreme belief systems
- Utilize communication techniques that reduce defensiveness and promote engagement
- Maintain therapeutic alliance while addressing high-risk content
- Use structured approaches to guide difficult clinical conversations

Family-Based Interventions for Radicalized Youth: A Clinical Approach

AUDIENCE

Mental health professionals working with adolescents and families

DURATION

60–90 minutes

FORMAT

Case-based training + intervention strategies + discussion

SUMMARY

This training provides clinicians with a framework for working with families of youth at risk for or engaged in radicalization. Participants will explore the developmental, relational, and systemic factors that contribute to vulnerability, including identity formation, belonging, and family dynamics. The session introduces family-based intervention strategies that strengthen communication, rebuild trust, and reduce polarization within the family system. Emphasis is placed on empowering caregivers while supporting youth in developing more flexible thinking and adaptive coping.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Understand developmental and family dynamics associated with youth radicalization
- Assess family functioning and identify points of intervention
- Support caregivers in responding effectively to concerning beliefs or behaviors
- Apply strategies to reduce conflict and increase constructive communication within families
- Promote protective factors, including connection, belonging, and emotional regulation

Exit-Focused Clinical Interventions: Supporting Disengagement from Extremist Ideologies

AUDIENCE

Mental health professionals and clinicians working with high-risk individuals

DURATION

90 minutes (can be adapted to 60 min overview)

FORMAT

Advanced clinical training (case formulation, intervention strategies, discussion)

SUMMARY

This training introduces clinicians to evidence-informed approaches for supporting individuals seeking to disengage from extremist ideologies and groups. Participants will learn how to conceptualize the process of disengagement through a clinical lens, including identity shifts, loss of belonging, and emotional vulnerability. The session highlights the role of therapeutic alliance, motivational processes, and cognitive flexibility in facilitating change. Practical strategies are provided to support clients through ambivalence, identity reconstruction, and reintegration into healthier social contexts.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Describe the psychological process of disengagement from extremist ideologies
- Develop case formulations that incorporate identity, belonging, cognitive factors and is trauma informed
- Apply motivational and CBT-informed strategies to facilitate change
- Address ambivalence, loss, and identity reconstruction in treatment
- Support reintegration and the development of adaptive, prosocial identities

Recognizing Warning Signs of Radicalization in Healthcare Settings: What to Look For and When to Act

AUDIENCE

Healthcare providers (physicians, nurses, pediatricians, allied health professionals)

DURATION

60 minutes

FORMAT

Brief didactic + checklist-based guidance + case examples

SUMMARY

This training equips healthcare providers with a practical framework for recognizing potential warning signs of radicalization in clinical settings. Using a structured, four-level model (Not Significant, Troubling, Worrisome, Alarming), participants will learn how to identify behavioral, emotional, and communication-based indicators that may signal concern. The session emphasizes a checklist-style approach to observation, along with clear guidance on appropriate next steps, including documentation, consultation, and when reporting may be necessary—all while maintaining a patient-centered approach.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify observable warning signs of potential radicalization using a checklist approach
- Differentiate between Not Significant, Troubling, Worrisome, and Alarming levels of concern
- Apply a structured framework to guide clinical decision-making
- Describe appropriate next steps, including documentation, consultation, and reporting when indicated

Having Effective Conversations with Patients: Responding to Concerns About Online Radicalization

AUDIENCE

Healthcare providers

DURATION

60 minutes

FORMAT

Interactive training (scripts, question prompts, brief role-play)

SUMMARY

This training provides healthcare providers with practical communication strategies for engaging patients when concerns about online radicalization arise. Participants will learn how to ask effective, non-confrontational questions that promote openness and reduce defensiveness, even within brief clinical encounters. The session focuses on building comfort in addressing sensitive topics, gathering meaningful information, and maintaining trust. Providers will leave with concrete language and question frameworks that can be used immediately in the exam room.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Use nonjudgmental, open-ended questions to explore concerning online behaviors or beliefs
- Respond to sensitive disclosures in a way that maintains rapport and trust
- Identify key themes to listen for (e.g., isolation, identity shifts, exposure to harmful content)
- Apply brief, structured conversation strategies within time-limited medical visits

Understanding Online Radicalization: Risks, Platforms, and Guidance for Families

AUDIENCE

Healthcare providers (especially those working with youth and families)

DURATION

60 minutes

FORMAT

Educational overview + practical guidance + parent communication strategies

SUMMARY

This training provides healthcare providers with an overview of how online environments can contribute to radicalization risk, particularly among youth. Participants will learn about common digital pathways, including social media platforms, gaming spaces, and online communities where harmful content may be encountered. The session also equips providers with practical strategies for guiding conversations with parents about safe technology use, including monitoring, setting boundaries, and fostering open communication. Emphasis is placed on supporting families in creating balanced, developmentally appropriate approaches to digital safety.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Describe how online environments can contribute to radicalization risk
- Identify common platforms and digital spaces where youth may encounter harmful content
- Provide practical guidance to parents on safe technology use, including monitoring and boundaries
- Support families in having open, developmentally appropriate conversations about online safety

Behavioral Threat Assessment: An ATAP-Informed Approach

AUDIENCE

Law enforcement professionals, threat assessment teams, investigators

DURATION

60–90 minutes

FORMAT

Didactic + case-based analysis + applied discussion

SUMMARY

This module draws on ATAP-informed principles to teach officers how to think, not just what to look for. We move away from checklists and into pattern recognition: grievance formation, identity fusion, fixation, and the progression from ideation to action. Participants will learn how to distinguish between someone venting versus someone mobilizing, and how to document and articulate that risk in a way that holds up operationally and legally.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Apply a behavioral threat assessment mindset focused on dynamic, evolving risk
- Identify leakage, pathway behaviors, and mobilization indicators
- Differentiate between venting and movement toward action
- Document and articulate risk in a clear, operationally and legally sound manner

Building Coordinated Responses: A Multi-Agency Public Safety Approach

AUDIENCE

Law enforcement, public safety officials, multidisciplinary teams

DURATION

60–90 minutes

FORMAT

Discussion-based training + systems mapping + applied strategies

SUMMARY

Public safety is not a siloed function—it's an ecosystem. This module focuses on breaking down institutional stovepipes and building real-world coordination between agencies that don't naturally speak the same language. We address information-sharing barriers, jurisdictional friction, and the reality that the person of concern often touches multiple systems before violence occurs. The emphasis is on building practical pathways for intervention, not just referral loops that go nowhere.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Understand the importance of a coordinated, multi-agency threat management approach
- Identify common barriers to effective information sharing and collaboration
- Recognize how individuals of concern interact across multiple systems
- Develop practical strategies for cross-agency coordination and intervention

Understanding Federal Partnerships: Working Effectively with the FBI

AUDIENCE

Law enforcement professionals, investigators, supervisors

DURATION

60 minutes

FORMAT

Didactic + operational guidance + Q&A

SUMMARY

This module demystifies what the FBI can and cannot do, and when. Too often, local partners either over-rely on federal escalation or wait too long to make the call. We walk through indicators that meet federal interest, how Joint Terrorism Task Forces (JTTFs) operate, and how behavioral analysis and intelligence collection can support disruption efforts. The goal is smarter engagement: knowing when to loop them in, what to provide, and how to maintain operational alignment.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Understand federal investigative thresholds and indicators of federal interest
- Describe how Joint Terrorism Task Forces (JTTFs) operate
- Identify when and how to engage federal partners appropriately
- Provide relevant information to support effective collaboration and disruption efforts

Frontline Threat Identification: The Role of Local Law Enforcement

AUDIENCE

Patrol officers, supervisors, local law enforcement personnel

DURATION

60–90 minutes

FORMAT

Scenario-based training + applied discussion

SUMMARY

This section focuses on the reality that patrol officers are often the first to encounter pre-incident indicators: domestic calls, school complaints, online behavior, community tips. We train officers to recognize those signals, ask better questions, and document behaviors that may seem minor in isolation but are critical when viewed over time. We also emphasize off-ramps and how to intervene without defaulting to arrest when disruption, redirection, or support may be more effective.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify early-stage indicators of potential threats in routine encounters
- Ask targeted questions to gather meaningful behavioral information
- Document patterns of concern over time
- Utilize both enforcement and non-enforcement strategies to disrupt risk

Early Identification and Intervention in Schools: The Role of SROs and School Safety Professionals

AUDIENCE

School Resource Officers (SROs), school safety teams, law enforcement partners

DURATION

60–90 minutes

FORMAT

Case-based training + discussion + applied strategies

SUMMARY

Schools are ground zero for early detection—but only if you know what you’re looking at. This module focuses on youth-specific pathways: identity crises, online immersion, grievance narratives, and the role of peer dynamics. We cut through the noise of “kids being kids” versus legitimate concern. SROs will learn how to engage students without escalating them, how to work with educators and parents, and how to intervene in a way that actually reduces risk rather than hardening it. The emphasis is on prevention, not punishment.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify early warning signs of radicalization and grievance-based violence in youth
- Distinguish between typical adolescent behavior and concerning patterns
- Engage students in a way that reduces escalation and builds trust
- Collaborate effectively with educators and families
- Apply prevention-focused strategies rather than punitive responses

Understanding Harmful Beliefs: How Ideas Can Become Extreme

AUDIENCE

Grades 9–12

DURATION

60 minutes

FORMAT

Interactive workshop (discussion, real-life examples, guided reflection, optional small-group activities)

SUMMARY

This session helps students understand how beliefs and ideas can develop, change, and sometimes become more rigid or extreme over time. Students will explore how factors such as identity, belonging, emotions, and online influences shape the way people think. The training also examines how certain forms of hate, including antisemitism, can appear across different belief systems and may serve as an early entry point into broader patterns of harmful thinking. Through discussion and reflection, students will build skills to question information, consider multiple perspectives, and make thoughtful, informed choices about what they believe and engage with.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Understand how beliefs are shaped by personal experiences, emotions, and social influences
- Recognize how ideas can become more rigid through repetition and reinforcement
- Identify patterns of “all-or-nothing” or “us vs. them” thinking
- Understand how certain forms of hate, including antisemitism, can appear across different ideologies
- Apply critical thinking skills to evaluate information and perspectives
- Reflect on their own values and how they form beliefs

Understanding the Radicalization and Antisemitism in Youth: Early Warning Signs, and Prevention in School Settings

AUDIENCE

Educators, school counselors, administrators, school staff

DURATION

60–90 minutes

FORMAT

Interactive workshop (case examples, discussion, practical strategies)

SUMMARY

This training equips school professionals with tools to recognize early signs of radicalization and respond effectively within educational settings. Participants will learn how identity development, belonging, and online exposure can increase vulnerability among youth. The session also highlights research and field-based insights indicating that antisemitism can function as a common thread across different extremist ideologies and may serve as an early entry point into broader patterns of harmful belief systems. Emphasis is placed on early identification, supportive intervention, and fostering inclusive, resilient school environments.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify early warning signs of radicalization in youth
- Understand developmental and social factors that increase vulnerability
- Recognize how antisemitism can appear as an early indicator within broader ideological shifts
- Respond to concerning behaviors in ways that maintain connection and reduce escalation
- Promote protective factors such as belonging, inclusion, and critical thinking

Clinical Perspectives on Radicalization: Addressing Antisemitism as an Early Indicator and Pathway

AUDIENCE

Mental health professionals (psychologists, social workers, counselors, psychiatrists)

DURATION

60–90 minutes

FORMAT

Didactic + case conceptualization + clinical application

SUMMARY

This training provides clinicians with a framework for understanding radicalization through a psychological lens, including identity processes, cognitive patterns, and emotional vulnerabilities. Drawing on clinical experience and emerging data, the session explores how antisemitism can function as a cross-ideological element and, in some cases, an early entry point into more rigid and harmful belief systems. Participants will learn how to assess, conceptualize, and respond to these patterns while maintaining therapeutic alliance and supporting cognitive flexibility and resilience.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Conceptualize radicalization using psychological and developmental frameworks
- Identify antisemitic beliefs as potential early indicators within broader cognitive and ideological shifts
- Assess rigidity, black-and-white thinking, and grievance narratives in clients
- Support clients in finding connection, belonging and meaning that conducive to healthy identity development

Understanding Harmful Beliefs: How Ideas Can Become Extreme

AUDIENCE

Parents, caregivers, and community members

DURATION

60 minutes

FORMAT

Educational workshop + discussion + practical guidance

SUMMARY

This training helps community members and families recognize early signs that a young person may be influenced by harmful ideas or online content. Participants will learn how beliefs can gradually become more rigid and how certain forms of hate, including antisemitism, may appear early and serve as a gateway to broader patterns of harmful thinking. The session provides practical guidance on how to respond, have supportive conversations, and strengthen protective factors such as connection, critical thinking, and a sense of belonging.

LEARNING OBJECTIVES

By the end of this training, participants will be able to:

- Identify early warning signs of concerning changes in beliefs or behavior
- Understand how harmful ideologies can develop over time
- Recognize antisemitism as a potential early warning sign within broader patterns
- Talk with youth in a way that keeps communication open and supportive
- Promote resilience, empathy, and critical thinking within families and communities