

Concerned about a patient's sudden changes in beliefs, behavior, or mood?

Some shifts may reflect ideological—not just clinical—vulnerabilities.

Watch Out for

- Preoccupation with a new ideology or identity
- Sudden shifts in appearance, language, or behavior
- Social withdrawal
- Excessive or secretive internet use
- Mood or personality changes: irritability, depression, or volatility

A cluster of these signs may reflect ideological vulnerability—not just clinical distress. Early intervention can prevent escalation.

Early Signs

Early Help



WHERE YOU MIGHT ENCOUNTER A CASE:

- Trauma or grief-related therapy
- Identity, purpose, or belonging concerns
- Risk assessments (harm to self or others)
- Intake interviews (particularly teens and young adults)
- Care coordination with schools or families
- Work with justice-involved or probationary clients

WHEN A DIAGNOSIS DOESN'T EXPLAIN EVERYTHING, WE'RE HERE

- Discreet consultation
- Trauma-informed support for families
- Training on early warning signs and practical referral pathways
- Contact us for discreet support
 - help@parents4peace.org
 - www.parents4peace.org

Parents for Peace

Parents for Peace is a nonpartisan nonprofit equipping educators, mental health professionals, and families to counter extremism and hate as public health issues.

You don't have to carry it alone.

Let's navigate complex cases—together.